

Welcome to the Strobel-Mühle

A 32-bar strathspey for three couples in a four-couple longwise set

BARS	DESCRIPTION
1–8	1st, 2nd, and 3rd couples dance a snowball grand chain as follows: 1–2 1st couple, giving right hands, cross over to opposite sides. 3–4 1st man and 2nd woman, likewise 1st woman and 2nd man, giving left hands, change places. 5–6 1st man and 3rd woman, likewise 1st woman and 3rd man, giving right hands, change places. At the same time, 2nd couple, giving right hands, cross over to opposite sides. 7–8 2nd man and 3rd woman, likewise 2nd woman and 3rd man, giving left hands, change places. At the same time, 1st couple, giving left hands, cross over to own sides.
9–10	3rd, 2nd, and 1st couples set.
11–12	3rd couple, giving right hands, cross over to opposite sides while 2nd couple cast off and 1st couple, giving left hands, cross up into second place.
13–16	3rd, 1st, and 2nd couples set and, giving right hands, turn halfway to finish in the middle of the set facing up in allemande hold.
17–24	3rd, 1st, and 2nd couples dance an allemande.
25–32	(Easy version.) 2nd, 1st, and 3rd couples dance six hands round and back.
25–32	(Advanced version.) 2nd, 1st and 3rd couples set, dance six hands round to the left (3 steps), dance towards the centre of the circle (1 step), and pull right shoulders back and cast out to progressed places (2 steps).

Repeat, having passed a couple.

For the dancers at the 7th Chemnitz SCD Weekend in November, 2017, which took place, for the first time, at the Strobel-Mühle, near Pockau-Lengefeld, in the remote mountains of Saxony. The Strobel-Mühle (Strobel Mill) is a residential training centre operated by the CVJM (YMCA for our Anglophone friends). I had been invited to teach the not-quite-beginners/intermediate class and had originally planned to teach The Byron Strathspey in the Saturday afternoon session, but then didn't get around to explaining reels of three during the morning session, so desperate action was called for – hence this dance! I'm pleased to say that it was reasonably well received.

Devised by Anselm Lingnau, Frankfurt Scottish Country Dance Club, 11 November 2017.



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