

# Birgit Röhrich's Strathspey

A 32-bar strathspey for three couples in a four-couple longwise set.

MDL 5
S32
3.4L
Intermed

## MUSIC

## DESCRIPTION

### *Bars*

- 1–4 1st couple set advancing and turn once round with both hands to finish in the middle of the set facing down.
- 5–8 1st couple lead down the middle, cross below 3rd couple and cast up into second place on opposite sides. 2nd couple step up on 7–8.
- 9–12 2nd, 1st and 3rd couples advance and retire.
- 13–16 2nd, 1st and 3rd couples turn partner once round with both hands.
- 17–20 2nd and 1st couples dance four hands round to the left and return to the sidelines.
- 21–22 1st couple cross up (without hands) into first place on own sides while 2nd couple cast off to second place.
- 23–24 1st couple cast off while 2nd couple lead up to finish in the middle in first place facing up; on bar 24 1st and 3rd couples dance in behind them ready for promenade.
- 25–32 2nd, 1st and 3rd couples promenade.  
Repeat, having passed a couple.

Devised by Anselm Lingnau, Frankfurt Scottish Country Dance Club, October 1997

*I was preparing to teach a class and looking around for a strathspey featuring a plain promenade as the most difficult figure, but I couldn't find one that I liked or hadn't used recently. So I came up with this dance instead.—Birgit lives near Bielefeld in Westphalia and took part in our Prelim class and examination in April 1997.*

Music: "Miss Birgit Röhrich of Bielefeld", by A. Lingnau