

A 32-bar strathspey for four couples in a longwise set

BARS DESCRIPTION

- 1–4 1st and 2nd couples, likewise 3rd and 4th couples, set to partners and, giving right hands, cross over.
- 5–8 1st and 2nd couples, likewise 3rd and 4th couples, dance four hands once round to the left to finish in the middle of the set with nearer hands joined facing the other couple.
- 9–12 1st and 2nd couples, likewise 3rd and 4th couples, set to opposites and "reverse link", i. e., 1st man and 2nd woman cast to own sides while 1st woman and 2nd man dance forward and to their left to own sides.
- 13–16 1st and 2nd couples, likewise 3rd and 4th couples, dance four hands once round to the right.
- 17–24 "Double Helix": 1st and 2nd couples, likewise 3rd and 4th couples, dance The Helix:
 - 17–18 All set advancing towards partner, passing left shoulder to finish back to back with partner.
 - 19–20 All pull right shoulders back to cast round each other towards own sides.
 - 21–22 All, giving right hands, turn partner halfway round.
 - 23–24 1st and 2nd couples, likewise 3rd and 4th couples, dance right hands across halfway.

(Finish in the order 2, 1, 4, 3.)

- 25–32 1st and 4th couples dance the Rose Progression:
 - 25–26 1st woman and 4th man, giving right hands, change places to face out while 1st man and 4th woman, facing each other, set.
 - 27–28 1st woman dances up the men's side to 2nd man's place while 4th man dances down the women's side to 3rd woman's place. At the same time, 1st man and 4th woman, giving both hands, turn halfway to face each other with hands joined.
 - 29–30 1st man and 4th woman, pulling back by the right, cast out to 3rd woman's and 2nd man's places while 1st woman and 4th man, giving both hands, turn halfway to face each other with hands joined.
 - 31–32 1st woman and 4th man, pulling back by the right, cast out to 3rd woman's and 2nd man's places while 1st man and 4th woman dance across the set to 3nd man's and 2nd woman's places.

(Finish in the order 2, 4, 1, 3.)

Repeat the dance from new positions.

Dedicated to the memory of Rosalind Elsie Franklin (1920–1958), chemist and X-ray crystallographer, who among many other accomplishments contributed significantly to the discovery of the double-helix structure of DNA. Having died of ovarian cancer at age 37, Franklin was ineligible to share the Nobel Prize in Physiology or Medicine awarded to James Watson, Francis Crick, and Maurice Wilkins in 1962, since Nobel Prizes are not given posthumously.

Devised by Anselm Lingnau, Frankfurt Scottish Country Dance Club, September 2016.

